

# Special Education Teacher



My Internship Experience



By: Ashlyn  
Szabo



 **Nicole Messick**



My Mentor



# About Nicole Messick



- Hawes Elementary School
- Grades K-2
- Teaching for 9 years
- Teaching at Hawes for 3 years



# Why Special Education?



- C.A.R.E Club
- Family friend has autism
- Went to Hawes as a kid
- Already knew Nicole



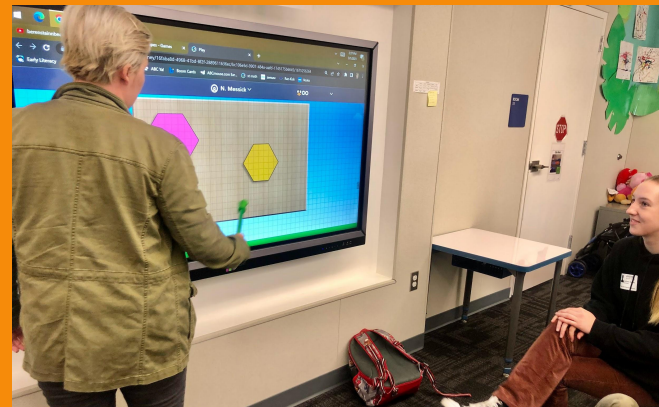
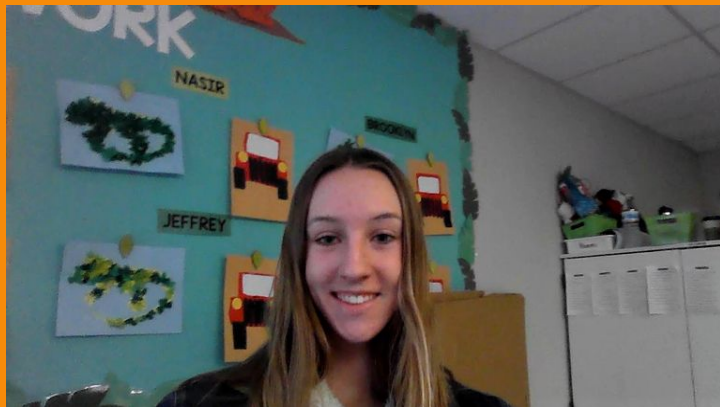


# In The Classroom



My Experience

# Photos



# Helping Around The Class







# Hands-On Experience



- Buddies for lessons
- Buddied up for Lunch
- Walk students to bus
- Worked at stations
- Preparation







Steps to Career



Career Steps



# Requirements



1. Bachelor's degree
2. Preliminary special education teaching credential
3. Complete in-class teaching
4. Apply for teachers license



# Colleges



1. Vanderbilt (#1)
2. University of Kansas (#2)
3. San Diego State University
4. Cal State Long Beach



# How To Manage An Outburst



Process



# Understand Student's Needs



STEP 1

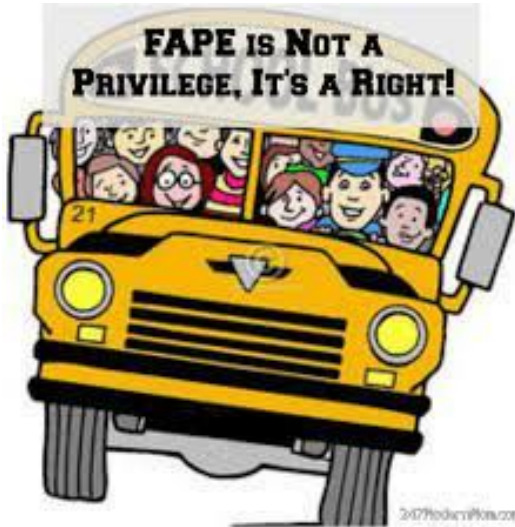


## IEP Planning Form - Sample

IEP Objectives	Regular Class Activities							
	Arrival	Journal Writing	Recess	Language Arts	Lunch	Physical Education	Social Studies	Science
Develop Social Skills	Practice greeting people by name	Use communication book with teacher approval	Participate in organized games	Take part in co-op reading group	Practice courtesy rules during eating and socializing	Practice taking turns	Work at center with peer helper	Work at center with peer helper
Improve Decision Making	Choose place in line	Pick topic from communication book	Pick between two games	Choose book for group to read	Decide order to eat food	N/A	Decide between two centers	Decide between two centers
Staying on task	Complete routine of storing belongings	Stay on task for 10 minutes	Stay with the game chosen	Remain in groups during activity	Finish lunch and remain seated for 15 minutes	Stay in group for activity	Stay in each center for at least 10 minutes	Stay in each center for at least 10 minutes
Participating in Group Activities	Enter with classmates	N/A	Play with classmates	Answer questions about story	Help with Clean-up groups	Play with peers	Peer pairs	Peer pairs
Lengthen Interacting Behavior	Extend greeting to interaction with communication book	Connect communication from two pages in the communication book	Stay with game as long as peers do	Use more than one page in book to answer questions	N/A	Practice gesture communication with peers in group	Increase peer sessions to 15 minutes	Increase peer sessions to 15 minutes

**IEP**  
Individualized  
Education Program  
- Productive  
learning  
environment

# Q FAPE



## FAPE

Free and Appropriate  
Public Education

- Meet needs of students



# Avoid Conflict



STEP 2

# What is an Outburst?



**“Sudden release of strong  
emotion”**

- Oxford English  
Dictionary

# 🔍 Calm down student



“Try to calm the student  
down”

- Nicole Messick

- Lightly squeeze up  
and down arm

- Count out loud



# Avoid



## Eye contact

- Want attention
- Act out more

## Physical Touch

- Elevate situation
- Only when necessary

# Understand Rules



STEP 3

# Rules



## Different Treatment

- Prohibited
- Violation of Section 504

## 15 Principles

- Discipline
- Restraint/seclusion



# Restraint and Seclusion



STEP 4



# 2 Types of Restraint



## Physical

- Personal
- Permitted

## Mechanical

- Device/equipment
- Not permitted

# Seclusion



## Prohibited

- Involuntary
- Student can not exit

## Allowed

- Voluntary
- Student can exit



# Restraint



STEP 5

# 3 Physical Restraints



## Restraint 1

Prone Hold

## Restraint 2

Basket Hold

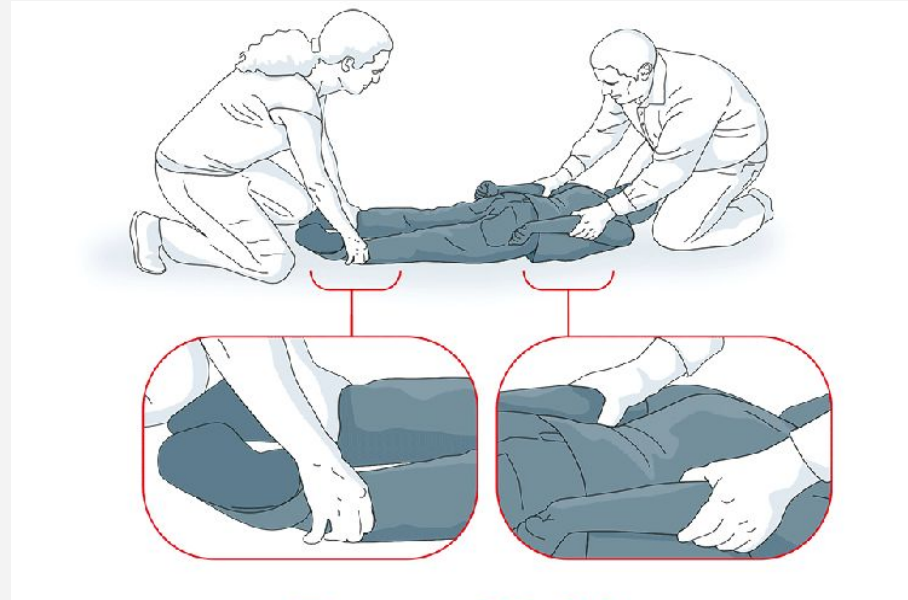
## Restraint 3

Supine Hold

# Prone Hold



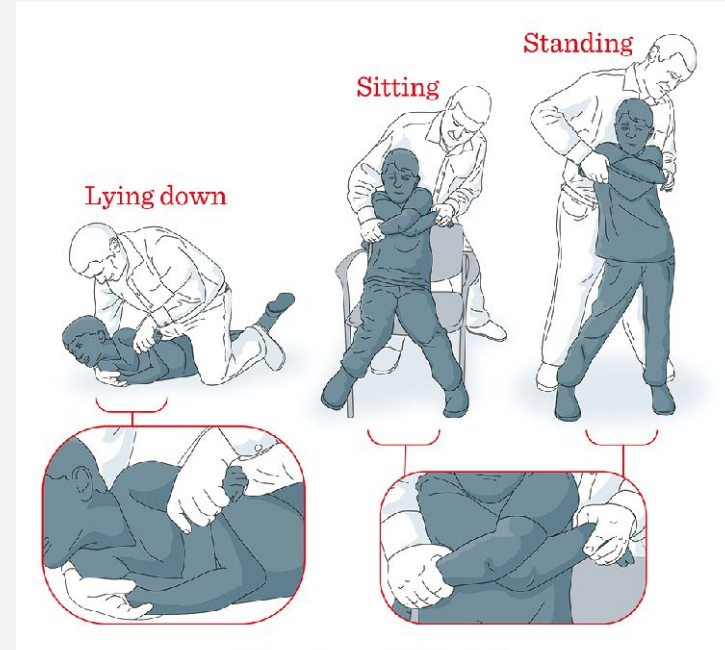
- Student face down
- Pressure on ankles
- Arms pinned to side



# Q Basket Hold



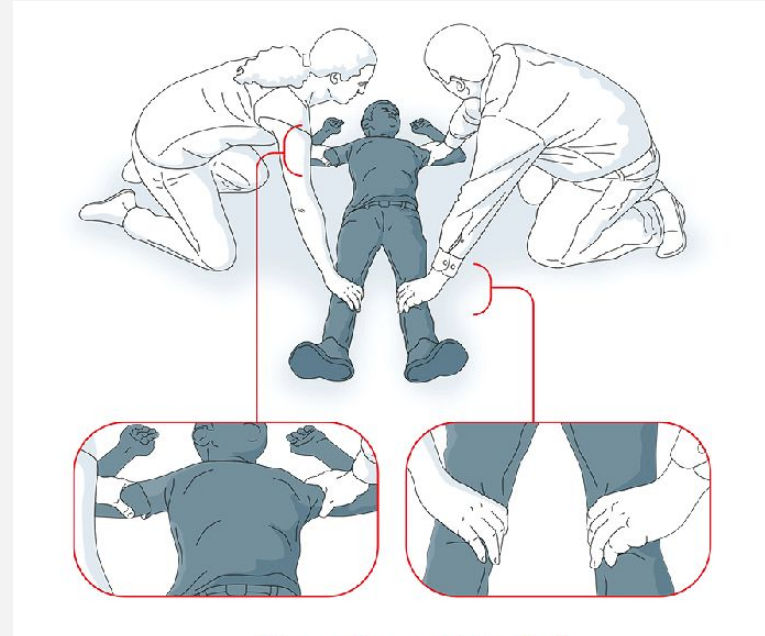
- Student faced away
- Arms held behind back at wrists
- Standing, sitting, or laying down



# Supine Hold



- Student faced forward
- Pressure on biceps
- Pressure on knees





# Take-aways



Reflection

# What Did I Learn?



- Managing outbursts
- Teaching a lesson
- Designing classroom
- Classroom preparation



# Memories



- Student ran to give me a hug
- Teacher's lounge
- "Snow" outside
- Runaway student at lunch



# What I Love About This Job



- Never a dull moment
- Always something going on
- Get to make relationships with students
- Students are darling (especially at such a young age)
- I love working with children



Would I Pursue This Career?



YES!





Thank You!



Any questions?

Ashlyn Szabo

714-625-1911

[akszabo100@student.hbuhdsd.com](mailto:akszabo100@student.hbuhdsd.com)

A horizontal bar at the bottom of the slide, divided into four colored segments: yellow, red, green, and blue.